

Chronic Illness Resources

Websites

Center for Chronic Illness

- The Center for Chronic Illness provides resources and support for individuals living with chronic illnesses.

Center for Disease Control (CDC)

- The CDC's Division of Chronic Disease Prevention and Health Promotion focuses on improving health and preventing chronic diseases through research and community programs.

Multiple Chronic Conditions

- The Multiple Chronic Conditions Resource Center offers valuable information and support for patients managing multiple chronic conditions.

Medline Plus

- MedlinePlus provides reliable health information and resources on a wide range of medical topics for patients and healthcare professionals.

Articles

Coping with a Diagnosis of Chronic Illness

- The American Psychological Association article on coping with chronic illness explores effective strategies for managing the emotional and psychological challenges that arise after a diagnosis, emphasizing the importance of support, self-care, and resilience.

Next Steps after Your Diagnosis: Finding Information and Support

- The AHRQ article "Questions to Ask About Your Diagnosis" provides essential guidance for patients on how to engage effectively with healthcare providers, encouraging them to ask key questions to ensure a clear understanding of their diagnosis and treatment options.